

# PEDIATRIC SURGERY Update Vol. 39 No. 06 DECEMBER 2012

## **Ovarian Epithelial Tumors**

Ovarian epithelial tumors are the second most common ovarian neoplasm in children after germ cell tumors. They arise from the epithelial surface of the ovary representing between 15-20% of all ovarian neoplasms in adolescent females. The histologic subtype of epithelial ovarian tumors in children includes serous and mucinous tumors. Adenocarcinoma of the ovary in children is an extremely rare entity. Epithelial tumors are further characterized as benign, malignant or of low malignant potential (borderline tumors). Mean age at diagnosis is 13 years. Most children present with history of abdominal pain or an asymptomatic pelvic mass. The most common type of epithelial neoplasm is the benign serous cystadenoma. Borderline epithelial ovarian tumors are defined as epithelial neoplasms of varying level of nuclear atypia that lacks stromal invasion of the ovary. They are more common in the pediatric age. Preoperative work-up includes imaging (Ultrasound, CT and MRI) and tumor markers (AFP, HCG, LDH, CA-125). Epithelial ovarian tumors frequently cause elevation of the serum level of the CA-125 tumor antigen. During laparotomy strict staging criteria must be met such as collection of ascites/washing, peritoneal surface examination, palpable lymph nodes removal, omentectomy if involved, suspicious contralateral ovarian biopsy and complete resection of the involved ovary intact with sparing of the fallopian tube if not involved (ovarian cystectomy vs. salpingooophorectomy). Fertility preserving surgery is recommended to preserve ovarian function. There is no benefit in removing clinically uninvolved tissue like uterus or contralateral ovary. With mucinous epithelial tumors the appendix should be removed to avoid synchronous lesions.

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## **Ovarian Lymphoma**

Primary ovarian non-Hodgkin's lymphomas are unusual and accounts for 0.5% of all non-Hodgkin's lymphomas and 1.5% of all ovarian malignancies. The diffuse, large B-cell lymphoma is the most common type of primary ovarian non-Hodgkin's lymphoma followed by non-endemic Burkitt's lymphoma. It has been suggested the tumor originates from lymphocytes in the ovaries, surrounding blood vessels at the hilum and related to the corpus luteum. Most patient with ovarian lymphoma present with symptoms of abdominal pain, pelvic mass, ascites and elevation of serum CA-125 antigen. This lymphoma has the fastest doubling time of any tumor and it can be as low as 24 hrs. Presence of positive staining for leukocyte common antigen (LCA) in the histological specimen distinguishes malignant lymphoma from nonlymphoid neoplasm. The MRI findings include solid mass with low signal intensity on T1 and mildly high signal intensity in T2. CT-Scan is utilized for staging the disease in the chest, abdomen and pelvis. Bone marrow biopsy is also mandatory for staging. B-cell lymphoma is positive for CD20 and BCL-6. Children with localized disease to one ovary are best managed with unilateral surgical resection (salpingo-oophorectomy) followed by systemic chemotherapy. Protocol of chemotherapy used in diffuse large B-cell histology is the standard CHOP regimen. Metastasis to the ovaries from another primary site lymphoma should also be considered and they can be solid, cystic and bilateral. Primary ovarian lymphoma has a good prognosis.

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## **Diverticulitis in Children**

The most common diverticulum in children causing surgical problems is the Meckel's diverticulum. In very rare occasion the pediatric patient can develop diverticular disease of the colon similar to that occurring in the adult. Such diverticular disease can lead to colonic diverticulitis. Genetic disorders in pediatric patients can lead to weakening of the colonic wall and subsequent development of diverticular disease. Diseases with an early predilection for diverticulitis include cystic fibrosis, Ehlers-Danlos syndrome, Marfan syndrome and William-Beuren syndrome. Some of these syndromes have genetic

mutations that alter the collagen or elastin levels within tissue creating diverticula in early age. Children with the above syndromes and symptoms of constipation or relapsing or chronic abdominal pain should undergo colonoscopy or barium study to identify such diverticular disease. Stool softener and high-fiber diet can help in the prevention of early complicated diverticular disease.

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